Available 12-5pm

Lunch

Small plates

Fresh local oysters, shallot vinegar	Three for 7, six for 12, or twelve for 20
Padron peppers (VE)	6
Mini chicken Caesar salad bites	7
Salt baked beetroot, goats curd, aged balsamic (V)	7
Chicken liver parfait, sourdough	8
Tempura calamari, saffron aioli	8
Mini crab bites on pumpernickel, pickled shallots	11
Peruvian style seabass ceviche	11
Grilled garlic prawns	11
Fowey River mussels, sourdough	13
Sandwiches	
Sandwiches will be accompanied with a local mixed leaf salad, balsamic vinaigre	tte & Burt's crisps
Cornish Club	16
Grilled chicken, fried egg, bacon, lettuce, tomato, coriander mayo	
Fowey Hall crab on toast	18
White & brown crab meat on toasted sourdough, spring onion, capers, brown shring	np mayo
Falafel & hummus tortilla wrap (V)	14
Falafel, lettuce and hummus	

Large plates

Local cheese & tomato toastie, fries (V)

Superfood salad – tenderstem broccoli, avocado, wild rice, toasted almonds, broad beans, frisée (VE)	16
Add chicken – 5 Add tofu – 5	
Crab & apple salad bowl	19
Fowey Hall 8oz beef burger, lettuce, tomato, wholegrain mustard mayo, fries ('Beyond Meat' vegan option available)	20
Local cider battered haddock, chunky chips, crushed peas, tartare sauce	20
Fowey River mussels, fries	20
Chicken schnitzel, fried egg, capers, anchovies, fries	26
Seafood sharing platter Seabass ceviche, garlic prawns, crab bites, oysters, padron peppers, tempura calamari	35



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